

MAA - CROSS 2025

CALENDAR OF ACTIVITIES JANUARY TO DECEMBER 2025				
MONTH	INTERNATIONAL	NATIONAL	REGIONAL	TRAINING CAMP / FORMATION
JAN - 04				
JAN - 11				WORKSHOP COACHES (CALENDAR 2025)
JAN - 17				
JAN - 18				WORKSHOP NAR
JAN - 23		SOIRÉE DEMI FOND / TRIALS CJSOI (U16/U18/U20/SR)		
JAN - 25		TRIALS CJSOI U18 + U20/SEN		GATHERING TEAM CJSOI
FEB - 01				WORKSHOP COACHES (COMB EVENTS)
FEB - 06		SOIRÉE DEMI FOND / TRIALS CJSOI (U16/U18/U20/SR)		
FEB - 08		TRIALS CJSOI U18 + U20/SEN		GATHERING TEAM MAURICE
FEB - 15		OPEN DAY ATHLETICS U10/U12/U14		BASICS COACHES (TBF)
FEB - 20		SOIRÉE DEMI FOND / TRIALS CJSOI (U16/U18/U20/SR)		
FEB - 22		TRIALS CJSOI U18 + U20/SEN		KID'S ATHLETICS CLINIC
MAR - 01				
Mar 07		REC DE L'HEURE		WORKSHOP NAR - ROD
MAR - 08		TRIALS CJSOI U18 + U20/SEN		
MAR - 015		YOUTH COMBINED EVENTS U10/U12/U14/ U16 - R1	U18/U20 ROD REG CHAMPS	TRAINING CAMP + COMP RSA (TBC)
MAR - 21 / 23	WORLD INDOOR CHAMPS, CHINA			KID'S ATHLETICS
MAR - 22				WORKSHOP COACHES (COMB EVENTS)
MAR - 29		SELECTION MATCH U16	ROAD RACE RELAY - ROD	
APR - 05		U18 NATIONAL CHAMPS - HEATS	MCB YOUTH CHAMP - ROD	
APR - 06		ROAD RACE - 10KM		
APR - 12		U18 NATIONAL CHAMPS - FINAL	KIDS ATHLETICS - ROD	
APR - 19				
APR - 26		U16 NATIONAL CHAMPS - HEATS		TRAINING CAMP CJSOI + IOIG 2027 (21 - 26 APRIL)
MAY - 03		U16 NATIONAL CHAMPS - FINAL		
MAY - 10		U20 NATIONAL CHAMPS - HEATS	JEUX RODRIGUES	TRAINING CAMP + COMP FRA (TBC)
MAY - 17	MATCH U16 REU - MRI	U20 NATIONAL CHAMPS - FINAL		
MAY - 25		ROAD RACE - 15KM		
MAY - 31	MATCH U18 / U20 MRI-REU	MAA TRIALS		
JUNE - 07	(06 - 15) REG 5 YOUTH GAMES	YOUTH COMBINED EVENTS U10/U12/U14/ U16 - R2		

JUNE - 14		MAA TRIALS		WORKSHOP COACHES (COMB EVENTS)
JUNE - 22		ROAD RACE - 21KM		
JUNE - 28		MAA TRIALS		
JULY - 05		VITAL SENIOR NATIONAL CHAMPS - HEATS		
JULY - 12		VITAL SENIOR NATIONAL CHAMPS - FINAL		
JULY - 14 - 18	U18 / U20 AFRICAN CHAMPS		ROD - L1 CROSS	
JULY - 19				
JULY - 26			ROD - L2 CROSS	TRAINING CAMP CJSOI (21 - 25 JULY)
AUG - 02	CJSOI (01 - 10 Aug)			
AUG - 09				
AUG - 16		YOUTH COMBINED EVENTS U10/U12/U14/ U16 - R3	ROD - L3 CROSS	
AUG - 23		VITAL CROSS COUNTRY LEAGUE - 1ST LEG		
AUG - 30		VITAL CROSS COUNTRY LEAGUE - 2NDLEG	ROD - FIN REG CROSS	
SEP - 06		VITAL CROSS COUNTRY LEAGUE - 3RD LEG		
SEP - 13				
SEP - 13/21	WORLD ATHLETICS CHAMPS, TOKYO			NAR - ROD
SEP - 20		VITAL CROSS COUNTRY LEAGUE - 4TH LEG		
SEP - 27		VITAL CROSS COUNTRY LEAGUE - FINAL & NATIONAL CHAMPIONSHIPS		
OCT - 04				NAR - MRI
OCT - 11				WORKSHOP SEASON 26 (COA + NTO + MAA)
OCT - 18				
OCT - 25		ROAD RACE - 10KM		
NOV - 01				
NOV - 08		U10/U12/U14 NATIONAL CHAMPS - HEATS		
NOV - 15		U10/U12/U14 NATIONAL CHAMPS - FINAL		
NOV - 22				
NOV - 29		YCE - FINAL		
NOV - 30		ROAD RACE NATIONAL CHAMPS - 21KM		
DEC - 06		RELAY CHAMPIONSHIPS - HEATS		
DEC - 13		RELAY CHAMPIONSHIPS - FINAL		TRAINING CAMP IOIG 2027 (15 - 19 DEC)
DEC - 20				
DEC - 27				