



VITAL CROSS COUNTRY LEAGUE 2019

2nd Leg – Les Salines Garden, PORT LOUIS

Saturday 9th February 2019



		LOOP	A – B – C – D – E – F – G – A	1.1 Km
1	08.40 H	FUN RUN (Open)	Dep A + 2 Loops + O - X	2.5 Kms
2	09.00 H	SEN (M)	Dep X + 6 Loops + O - X	7.0 Kms
3	09.35 H	U20 (M) & MAS (M) & U20-SEN (W)	Dep X + 4 Loops + O - X	5.0 Kms
4	10.05 H	U18 (M) & MAS (W)	Dep X + 3 Loops + O - X	4.0 Kms
5	10.20 H	U16 (M) & U18 (W)	Dep A + 3 Loops + O - X	3.5 Kms
6	10.30 H	U18 – U20 (M/W)	Relay: 6 X 500 m	RTC Challenge
7	10.40 H	U12 (W)	Dep X + 1 Loop + O - X	1.5 Kms
8	10.50 H	U14 – U16 (M/W)	Relay: 6 x 300 m	RTC Challenge
9	11.00 H	U12 (M) & U14 (W)	Dep A + 2 Loops + O - X	2.5 Kms
10	11.15 H	U14 (M) & U16 (W)	Dep A + 2 Loops + O - X	2.5 Kms
11	11.30 H	U18 (M/W)	Relay: 6 X 800 m	Inter Clubs
12	11.40 H	U14 (M/W)	Relay: 6 X 600 m	Inter Clubs

Local Organisation : Port Louis Regional Athletics Committee & Municipal Council of Port Louis